

# Intensive Outpatient Program



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 7940 North Federal Highway, Boca Raton, FL 33487

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00AM–10:00AM						Goals and Community Building	Goals and Community Building
10:00AM–11:00AM						Experiential Therapy Group	Psychoeducational Topic Group (10:15AM–11:00AM)
11:00AM–12:00PM							Equine-Assisted Trauma Therapy (11:45AM–1:00PM)
1:15PM–3:00PM	Caseload Group	Caseload Group	Women's Process Group OR Men's Process Group	Caseload Group	Women's Process Group OR Men's Process Group		
3:05PM–4:20PM	Dialectical Behavior Therapy Group	Cognitive Behavioral Therapy Group	Relapse Prevention Group	Anger Management Group	IOP Orientation Group/Life Skills in Recovery		

